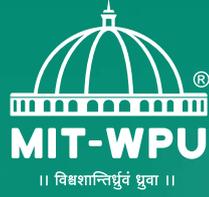


DEPARTMENT OF WELLNESS & YOGIC SCIENCES



Since 1983

Dr. Vishwanath Karad

**MIT WORLD PEACE
UNIVERSITY** | PUNE

TECHNOLOGY, RESEARCH, SOCIAL INNOVATION & PARTNERSHIPS

DEVELOPING
PRACTITIONERS WHO
LEAD WELLNESS WITH
EVIDENCE.



**ADMISSIONS
OPEN 2026**

School of Health Sciences & Technology

The School of Health Science & Technology at MIT-WPU delivers excellence in various disciplines, including epidemiology, biostatistics, and environmental health, through an interdisciplinary approach that bridges medicine, engineering, biology, and computer science. Our innovative curriculum fosters comprehensive healthcare understanding while developing critical problem-solving skills. Through strategic partnerships with premier hospitals and research institutions, we ensure hands-on learning that prepares students for dynamic careers in the evolving healthcare landscape.

Department of Wellness & Yogic Science

The Department of Wellness & Yogic Science pioneers transformative education by seamlessly integrating ancient yogic wisdom with contemporary scientific research. Our M.Sc. Yoga and Meditation programme cultivates holistic wellness practitioners through immersive learning experiences that encompass mind-body-spirit harmony. Through strategic industry partnerships, internships, and expert-led seminars, we empower students to become skilled yoga teachers, researchers, and wellness entrepreneurs, advancing cognitive abilities while fostering critical thinking and comprehensive personality development in tomorrow's wellness leaders.



Key Highlights

- **Holistic Integration:** Seamlessly blend ancient wisdom with modern scientific methodologies
- **Global Communication:** Master international languages to expand your wellness practice worldwide
- **Digital-Age Learning:** Leverage cutting-edge technology for enhanced yogic education
- **Hands-On Mastery:** Experience transformative learning through practical application and real-world exposure
- **Immersive Academic Journey:** Participate in prestigious national programmes for comprehensive skill development
- **Career Excellence:** Access premium internships and placement opportunities with leading wellness organizations
- **Strategic Partnerships:** Benefit from world-class university collaborations and industry connections
- **Research-Driven Innovation:** Contribute to groundbreaking studies in yogic sciences and wellness
- **International Impact:** Join our dedicated centre connecting academia with global wellness industry leaders
- **Entrepreneurial Empowerment:** Transform ideas into ventures through MIT-WPU's comprehensive incubation support

Programmes Offered

POST
GRADUATE
PROGRAMME

M.Sc. Yoga and
Meditation



Duration

2 Years



Fee Per Annum

INR 70,000 PA



Eligibility & Selection Process

M.Sc. Yoga and Meditation

Eligibility Criteria

A minimum of 3/4 years graduation degree in any stream from UGC approved Institution/ University.

Selection Process

Admission will be based on the Personal Interaction (PI) score, conducted by MIT-WPU as per the prescribed schedule.

Note:

Also, MIT-WPU retains the right to make changes to any published schedule for the selection process.

For more information, visit:

mitwpu.edu.in

Scholarships

MIT-WPU offers financial assistance and scholarships to the meritorious students based on their academic performance in the National level/State Level entrance exams / Entrance Examination conducted by MIT-WPU (MIT-WPU CBT Score) for the academic year 2026-27.

The categories of Merit Scholarships are as below*:

- 1. Dr. Vishwanath Karad Merit Scholarship**
- 2. MIT-WPU Merit Scholarship-I**
- 3. MIT-WPU Merit Scholarship-II**

*Terms and conditions:

- All Scholarships are awarded on a First Come First Serve basis.
- All Scholarships are awarded as fee adjustments.
- To maintain the scholarship throughout the programme, students must maintain a minimum academic score of 8 CGPA across all semesters, attendance of at least 80%, and a clean disciplinary record.



Scan QR Code for
More Information

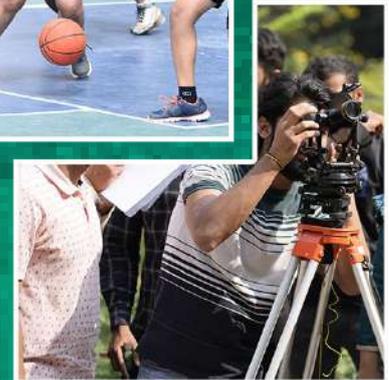


International University Collabs

MIT-WPU continues to foster, strengthen, and sustain global relationships. We extend intercultural networks for our students and strive towards global leadership. The initiatives include student and faculty exchange programmes, summer and winter programmes, research associations, and international immersions. We also offer semester-abroad programmes, project mentorship, extra credit programmes, and enriching intercultural activities. MIT-WPU has built partnerships with over 40 universities, including Deakin University, Macquarie University, Monash University, University of Vermont, Eastern Michigan University, and Virginia Commonwealth University, among others.



LIFE @ MIT-WPU



100+ student clubs at MIT-WPU stand as a vibrant community within the academic hub. The clubs give students an extraordinary opportunity to engage in a wide array of activities, events and competitions for personal and professional growth.

Hostel

MIT-WPU offers fully equipped, cutting-edge hostel facilities to students, both on and off-campus, ensuring a comfortable and secure living environment. Students can choose between twin-sharing and triple-sharing rooms, all of which come with unlimited high-speed Wi-Fi and housekeeping services. Our hostels are overseen by full-time wardens, equipped with CCTV monitoring, and feature biometric-enabled entrances to prioritize safety.

- Live food counters with fresh, hygienic, nutritious meals in multiple cuisines.
- In-house laundry facilities for student convenience.
- On-call doctors and hospital tie-ups for emergencies.
- Recreation zones with dance/yoga rooms, gym, gaming area, hangout zones, and reading room.
- Dedicated transport between hostels and campus.
- Modern facilities with housekeeping and high-speed internet.
- 24x7 campus security with biometric entrances and round-the-clock wardens.



Degree++ Courses

LEARNING BEYOND CLASSROOM

A carefully curated set of experiential learning courses designed to foster the holistic development of our students.

FIRST YEAR

→ **Social Leadership Development Programme (SLDP)**

Necessary exposure and opportunities to become a change leader.

→ **Co-Creation**

Ability to work in multi-disciplinary teams on real world complex problems.

SECOND YEAR

→ **Research, Innovation, Design, and Entrepreneurship (R.I.D.E)**

Pathway to innovation and entrepreneurship

→ **Rural Immersion**

Understand the problems of Bharat and employ technical skills to benefit society.

→ **Life Transformation Center**

Journey of reflection and self-discovery

About MIT-WPU

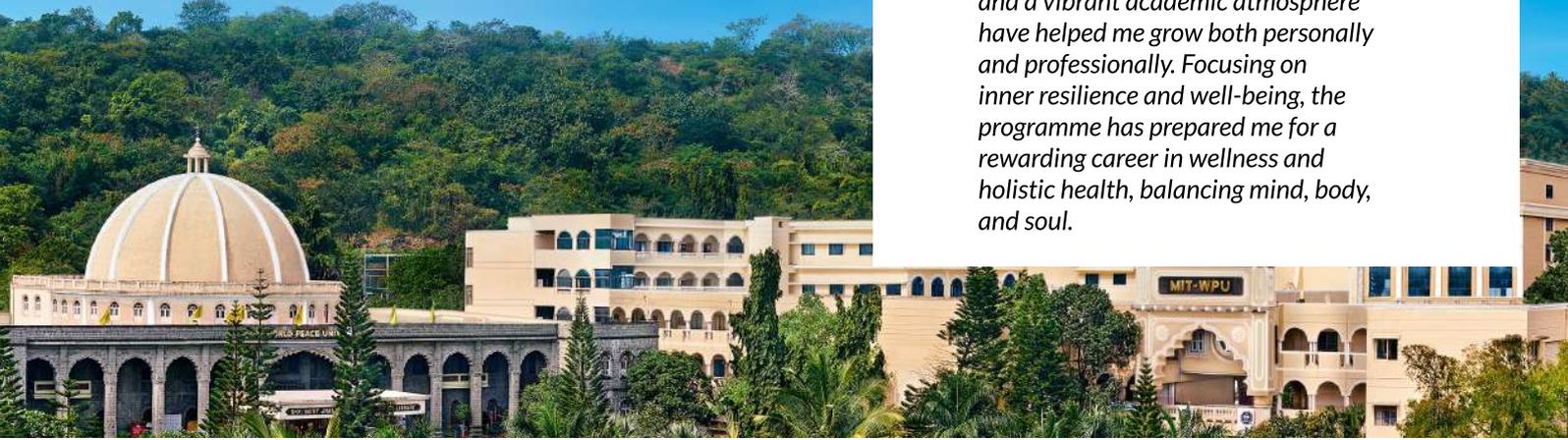
With a rich legacy of 43+ years in fostering world-class academic excellence and over 100,000 alumni across the globe, MIT-WPU is one of the premier centres of higher learning in India. Today over 25,000 students from diverse backgrounds across the world are experiencing 'life transforming curriculum' across a multitude of professional academic programmes.

Currently, students are pursuing education in over 150 programmes at MIT World Peace University. Located in the picturesque city of Pune, the MIT-WPU campus is surrounded by key civic infrastructure and sprawls over 65 acres of lush green campus.



GEETA ANDOTRA
S.Y. M.Sc. Yoga and Meditation

I am grateful to the Department of Wellness & Yogic Sciences at MIT-WPU for such a holistic and enriching experience. The M.Sc Yoga and Meditation programme has strengthened my theoretical foundation and improved my practical skills. Supportive faculty and a vibrant academic atmosphere have helped me grow both personally and professionally. Focusing on inner resilience and well-being, the programme has prepared me for a rewarding career in wellness and holistic health, balancing mind, body, and soul.



Maharashtra & Goa:

8007042359
7030963287

Uttar Pradesh:

8007042264
9075038047

Madhya Pradesh:

9112228871

Rajasthan:

7030963285

Chattisgarh:

8605007435

Bihar:

7030963289

West Bengal & North East:

9075038051

Punjab:

9607132371

Jharkhand:

7030963288

Karnataka, Kerala:

8799949590

**Andhra Pradesh, Tamil Nadu,
Telangana, Puducherry:**

9145002073

**Gujarat, Dadra and Nagar
Haveli and Daman and Diu:**

7720061620

**Delhi, NCR, Haryana,
Jammu & Kashmir:**

7774023698

**Uttarakhand &
Himachal Pradesh:**

8380023757



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TECHNOLOGY, RESEARCH, SOCIAL INNOVATION & PARTNERSHIPS

Call: +91 20 7117 7137
WhatsApp: +91 98814 92848 (Message only)
Email: admissions@mitwpu.edu.in
Website: mitwpu.edu.in
Address: MIT-WPU, Kothrud, Pune

APPLY ONLINE



Disclaimer: This brochure provides general information about the programmes. Dr. Vishwanath Karad MIT World Peace University, Pune (MIT-WPU) reserves the Do right to revoke, modify, add or delete one or more of the terms and conditions outlined in the brochure. MIT-WPU reserves the right to amend the provisions of the programme, eligibility, admission & scholarships without notification as & when deemed fit/appropriate due to any changed circumstances.