

PUBLIC HEALTH. LEADERSHIP. GLOBAL WELLNESS

CLINICAL PSYCHOLOGY

WPU SCHOOL OF HEALTH SCIENCES AND TECHNOLOGY



MIT World Peace University (MIT-WPU)

MIT World Peace University (MIT-WPU) is a prestigious world-class institution for higher education in India, boasting a remarkable 40-year legacy dedicated to fostering excellence in academics. With a global alumni network comprising over 100,000 professionals, MIT-WPU has consistently delivered outstanding educational outcomes. The institution offers over 150 undergraduate and postgraduate programmes that are thoughtfully designed to strike a balance between theoretical foundations and practical application. The pedagogical approach prioritises experiential learning, empowering students to translate knowledge into real-world skills. This is facilitated through immersive internships and invaluable mentor-mentee insights that serve as catalysts for personal and professional growth.



University Highlights

- ◆ 100,000+ Alumni Globally.
- ◆ 1600+ Companies visited for placement.
- International Students from 30 countries
- ◆ Merit-Based Scholarship worth Rs. 50 Cr.
- Highest University Package: Rs. 51.36 Lakhs CTC.
- ◆ Outcome based learning aligned with Bloom's taxonomy.
- ◆ Experiential learning through Rural, National & International Immersion and Co-creation Programmes.
- Lateral learning through events like RIDE (Research, Innovation, Design, Entrepreneur-ship), SLDP (Social Leadership Development Programmes)
 & more.
- The curriculum is taught by international academicians, industry practitioners, and alumni.
- ◆ Practical and real-life experience with Industry sponsored Capstone projects, Internships, & Seminars.
- Holistic development through participation in Yoga, Patriotism, Peace,
 Agriculture & Spiritual programmes.



Why Pursue Clinical Psychology at MIT-WPU?

The M.Sc. Clinical Psychology programme at MIT-WPU is designed to provide a comprehensive education in mental wellness, shaping empathetic and skilled clinical psychologists. This programme combines academic rigor with practical application, focusing on specialised subjects like forensics psychology, cognitive-behavioural therapy, and neuropsychology. Through extensive clinical internships and research projects, students gain hands-on experience, bridging theory and real-world practice to foster confidence and adeptness.

Key features:



Specialised Education:

Focuses on forensics psychology, cognitive-behavioural therapy, and neuropsychology for a targeted skill set.



Practical Application:

Extensive clinical internships and research projects bridge theory with real-world practice.



Soft Skill Emphasis:

Prioritizes holistic growth, emphasizing soft skill development in communication, project management, and entrepreneurial innovation.



Leadership Nurturing:

Aims to nurture not only clinicians but compassionate future leaders in the field.



Collaborative Exposures:

Collaborations with leading institutions and hospitals provide diverse clinical exposures, enriching understanding within healthcare settings.



Real-World Insights:

Guest lectures, workshops, and immersive experiences broaden insights into real-world issues.



Versatile Career Paths:

Graduates embark on diverse career paths, from clinical psychologists in hospitals to roles in education and mental health professions.



Advocacy for Mental Health:

Grounded in ethics and social responsibility, graduates advocate for mental health awareness, fostering positive impacts on individuals and communities.

The MIT-WPU Clinical Psychology degree programme aims to create a cohort of professionals committed to transforming lives through the power of psychology, championing mental wellness, and shaping a future where compassion and expertise converge for societal betterment.



WPU School of Health Sciences and Technology

The School of Health Sciences and Technology at MIT-WPU curates an enriching academic journey, fostering a vibrant atmosphere for scholarly pursuits, research endeavours, and a spectrum of curricular and extracurricular activities. The school boasts extensive academic affiliations and research collaborations with esteemed institutes and pharmaceutical industries, ensuring expansive exposure to diverse industry landscapes. Complementing the Clinical Psychology programme are bespoke short-term courses and immersive industry engagements, featuring internships, specialised training modules, seminars, and guest lectures tailored to respective specialisations. This holistic approach empowers students with comprehensive knowledge and practical insights, preparing them for dynamic professional domains related to clinical psychology.

The WPU School of Health Sciences and Technology runs four departments, offering several undergraduate and postgraduate programmes.

- 1. Department of Pharmaceutical Science
- 2. Department of Clinical Science
- 3. Department of Public Health
- 4. Department of Wellness and Yogic Science

Department of Clinical Sciences

In response to the pressing demand for proficient Clinical Psychologists amidst the COVID-19 pandemic, the Department of Clinical Sciences inaugurated the esteemed M.Sc. Clinical Psychology programme in 2021. This two-year, full-time course was strategically designed to cater to the burgeoning interest among students, positioning Clinical Psychology as a highly sought-after field of study. Through this comprehensive programme, students gain deep insights into the intricacies and expansiveness of this domain, acquiring essential skills pivotal for a thriving clinical practice. The department is dedicated to fostering equal opportunities for all and nurturing a culture of inclusivity within the academic fraternity.

Programme Highlights



Faculty with industry, academic, and research expertise to ensure comprehensive learning.



Emerging fields like forensics and neuropsychology as integral parts of the curriculum.



Immersion programmes (rural, national, and international) that address societal complexities and ground students in real-world issues.



Mentor-mentee programme that creates a robust student support system.



Merit-based scholarships for deserving candidates.



Extensive 2-month (240 hours) industry internship at renowned hospitals and research institutions.



Student-led clubs covering interests from technology to drama.



Coaching for National Eligibility Test and State Eligibility Test.



Live project engagements to foster hands-on experience and research focus.



Entrepreneurial encouragement through funding, mentoring, and network connections at MIT-WPU Pune Technology Business Incubator (TBI).



Dedicated Centre for Industry-Academia Partnerships (CIAP) facilitating internships and placements with top organisations.



Guest lectures, seminars, and workshops by industry experts and multinational leaders.



Dean's Message

Greetings from MIT World Peace University, Pune.

Clinical psychologists are an important part of the healthcare team helping to improve the health and well-being of the people. The sector was in the limelight during the COVID-19 pandemic. The awareness that citizens have about mental health and the efforts of the Government have led to the growth of clinical psychology as a field in recent years.

The Department aims at creating lifelong learners to adapt to the fast-changing world where upskilling and reskilling is a norm rather than an exception. The department is closely working with the industry for internships, experiential training, and research. The rural, national, and international immersion programmes are designed to expose students to real-life problems, cross-cultural learning and wider exposure.

As said by Martin Luther King Jr "Intelligence plus character that is the true goal of education". The students are motivated to inculcate social and professional values and a sense of discipline and character. We imbibe design thinking, problem-solving, life skills, values, and ethics in our students. Peace studies and yoga are integral parts of the curriculum to make students physically and emotionally fit and mentally alert.

The Department of Clinical Science provides a unique blend of excellence and commitment in a well-equipped campus with an ambience to nurture learning.

I join my faculty and staff colleagues in welcoming you to the Department of Clinical Psychology and to be part of your journey to learn and grow as professionals of tomorrow.

Dr. Neeraj MahindrooDean of the School of Health Sciences

Dean of the School of Health Sciences and Technology



Academic Programmes

M.Sc. Clinical Psychology

The M.Sc. in Clinical Psychology programme at MIT-WPU, in collaboration with Vishwa Raj Hospital and the Maharashtra Institute of Medical Education and Research, equips aspiring psychologists with the comprehensive skill sets and knowledge base required for a rewarding career in clinical psychology. This programme stands distinguished for its rigorous curriculum encompassing multifaceted areas of study that are vital to enable students with an in-depth understanding of the field and how to address mental health concerns meaningfully. Integral to this programme are clinical internships and research projects offering invaluable hands-on experience. This practical exposure allows students to translate theoretical insights into real-world applications, honing their proficiency and confidence in clinical settings. Throughout the academic journey, students benefit from mentorship by seasoned faculty and industry practitioners dedicated to nurturing their success. Collaborating with Vishwa Raj Hospital and the Maharashtra Institute of Medical Education and Research ensures access to cutting-edge facilities, fostering an environment conducive to practical learning and collaborations with renowned professionals in the field. Covering a wide array of research domains including mental illness, substance abuse, psychological disorders, and psychotherapies, this programme offers comprehensive insights into critical facets of clinical psychology. Graduates of the M.Sc. in Clinical Psychology degree programme are well-prepared for diverse career pathways, as clinical psychologists, private practitioners, school psychologists, and mental health professionals, or can pursue academic roles as assistant professors. The spectrum of career avenues spans hospitals, research institutes, schools, rehabilitation centres, NGOs, and various governmental and private organisations.

Areas of Research

- **Mental Illness**
- Substance Abuse
- **Developmental Delays**
- **Emotional Disturbances**
- **Anxiety and Depression**
- **Psychological Disorders**
- Cognitive Behaviour
- Neuropsychology

- **Psychological Testing**
- Forensic Psychology
- Sports Psychology
- Various disciplines of Psychotherapies
- Psychosocial Behaviour
- Rehabilitation
- Marriage and Family Counselling



Duration: 2 Years*



Fee: INR 1,30,000/- PA

Career Opportunities

- Clinical Psychologists
- Private Practitioners
- Schools Psychologists
- Psychologists at Correctional facilities
- Mental Health Professionals
- ◆ Assistant Professors after NET/SET

Industry Opportunities

- Hospitals
- Research Institutes
- Schools
- Rehabilitation Centres
- ♦ NGOs

- ♦ Health Centres
- Social Welfare Departments
- Police Stations, Courts and Jails
- Universities
- Private Organisations

Programme Structure

The M.Sc. Clinical Psychology programme consists of 83 credits distributed across 8 domains as follows.

S. No.	Category	Suggested Credits Breakup (Total 83)
1	Clinical Psychology and Practices	19
2	Basic Psychology courses	15
3	Abnormal Psychology Course	12
4	Psychological Testing	12
5	Psychotherapy including CBT, REBT, Art Therapy, etc.	4
6	Conference/Seminar, Research work, Internship	14
7	Peace and Yoga Programmes	6
8	Rural Immersion	1
	Total	83

Faculty

Faculty Members of the Department of Clinical Sciences

At the Department of Clinical Sciences, MIT-WPU, the faculty members stand as a beacon of expertise, guiding aspiring clinical psychologists towards excellence. Comprising seasoned professionals and dedicated academicians, each faculty member brings a wealth of experience from diverse domains within the field of clinical psychology and is committed to fostering an environment of learning, mentorship, and academic rigour, ensuring each student receives comprehensive guidance as they embark on their transformative journey in the realm of mental health and well-being.

◆ The Programme Coordinator



Dr. Ashwini Gijare Assistant Professor

Dr. Ashwini Gijare is a distinguished researcher within the realm of clinical sciences, boasting extensive expertise across psychosocial and biomedical domains within hospital environments. Her scholarly pursuits revolve around unravelling the intricate interplay between mental and physical health, delving into their reciprocal influences. Dr. Gijare's scholarly contributions are exemplified by a prolific portfolio of research papers, predominantly in the neurodevelopmental sphere, earning notable recognition for her profound impact on the field.

Integral to her academic journey, Dr. Gijare has played a pivotal role in crafting and standardising psychological assessment tools. As a co-author, her collaborative efforts have led to the development of crucial instruments indispensable for diagnosing psychiatric disorders and assessing mental health

intricacies. Noteworthy commendations have hailed her work for its robustness, validity, and clinical applicability.

Beyond her scholarly pursuits, Dr. Gijare actively engages as a keynote presenter at prestigious conferences and symposiums. Her adept articulation of research findings and insights has resonated profoundly within professional circles at both national and international platforms. These presentations stand as a testament to her contributions to advancing knowledge within her field, garnering acclaim for their depth and contribution to the burgeoning understanding of mental health complexities.

Dr. Gijare's focused commitment to research and dedication to the clinical sciences have enriched our comprehension of mental health intricacies, which has significantly impacted the lives of individuals grappling with mental health challenges. Her pioneering work continues to propel the field forward, fostering improvements in the quality of life for those navigating mental health concerns.



Dr. Heenakshi Bhansali Assistant Professor

Dr. Heenakshi Bhansali brings a wealth of academic accomplishments to the forefront of clinical sciences. Holding a doctorate in neuropsychology and diplomas in rehabilitation psychology, community mental health, and guidance and counselling from esteemed institutions like RCI, NIMHANS, and NCERT, she stands as a dedicated scholar in the field.

Her expertise spans various domains of psychology, encompassing neuropsychology, cognitive psychology, clinical psychology, and counselling psychology, which delves into the intricate relationship between brain function, personality, and behaviour, focusing on improving the lives of individuals dealing with mental health disorders. Her scholarly contributions extend to publications in psychology and multidisciplinary journals, showcasing her depth of research. Dr. Bhansali has also presented her findings at numerous

national and international conferences, amplifying the discourse on mental health complexities.

As the Assistant Professor at the Department of Clinical Sciences, MIT-WPU, Dr. Bhansali has been mentoring and inspiring young researchers in their dissertation research endeavours. Her dedication to advancing knowledge within clinical sciences remains a cornerstone of her academic pursuits.



Dr. Shamim MohammadAssociate Professor

Dr. Shamim is a seasoned professional in the field of public health, boasting a diverse academic journey that spans across esteemed institutions globally. His academic pursuits commenced with a graduate degree in rehabilitation sciences from the National Institute (NIEPID, GoI) in Hyderabad. He furthered his education, obtaining MA and M.Phil. degrees from Indian Universities. Earning an International Ford Foundation Fellowship in 2006 was a pivotal moment in his academic career, leading him to pursue a Master in Public Health from Ohio University, USA. Dr. Shamim culminated his academic journey with a doctoral degree from Symbiosis International University, Pune, specialising in Health Sciences.

With over two decades of experience, Dr. Shamim has passionately taught and practised public health, particularly in the domain of mental health, across

diverse governmental and non-governmental agencies nationwide. His extensive teaching tenure includes seven years at Umm Al-Qura University, Makkah, within the Departments of Epidemiology and Health Education & Health Promotion. Additionally, he contributed his expertise for a year at the Jindal School of Public Health & Human Development, Jindal Global University, NCR, Sonipat, Haryana.

Dr. Shamim's scholarly contributions are noteworthy, encompassing the publication of two books, one book chapter, three Scopus-indexed papers, and ten publications accredited at the UGC level. Currently, he is engaged in in-depth research concerning disabilities and mental health, specifically focusing on Indian judges. His multifaceted academic journey and extensive contributions within the realm of public health reflect his dedication to advancing the understanding and discourse surrounding mental health and disabilities in India.

Eligibility Criteria & Selection Process

- Minimum 50% aggregate score in 3-year graduation from UGC approved University or equivalent (at least 45% marks, in case of Reserved Class category candidate belonging to Maharashtra State only).
- Graduation should be in Clinical Psychology or Life Science or allied fields (B.A., B. Pharm, MBBS, BDS, BPT, BHMS, BAMS) or Bachelor of Social Work (BSW), BA Sociology, B.Sc. Home Science, B.A. Philosophy or B.Ed.

The selection process for the programmes is based on MIT-WPU CET Entrance Exam 2024 & Personal Interaction (PI) score.





Scholarships

MIT-WPU awards scholarships to meritorious students based on their academic performance in requisite National/State Level Entrance Exam scores, for the academic year 2024-25. These scholarships are valid for the duration of the programme*.

Merit Scholarship Categories:

- Dr. Vishwanath Karad Merit Scholarship
- MIT-WPU Merit Scholarship
- Scholarships for Elite Sportspersons
- Scholarship for Wards of MIT-WPU/MAEER's Staff Members

*Terms and Conditions:

- Scholarships are granted on a First Come First Serve basis.
- Scholarships are awarded as fee adjustments.
- To maintain the scholarship throughout the programme, students must maintain a minimum academic score of 8.0 CGPA across all semesters, attendance of at least 80%, and a clean disciplinary record.

For more information, please visit: mitwpu.edu.in/scholarships

M.Sc. Clinical Psychology					
Scholarship for	Scholarship	Scholarship I	Scholarship II		
AY 2024-25	(100%)	(50%)	(25%)		
Name of programme/	MIT-WPU	MIT-WPU	MIT-WPU		
Specialisation	CET Percentage	CET Percentage	CET Percentage		
M.Sc. Clinical Psychology	90 & Above	88 & Above	85 & Above		



Testimonials Here's What Our Students Have To Say



Studying at MIT-WPU was an enthralling experience, it changed my perspective about not only education but also life. The M. Sc. in Clinical Psychology programme has moulded me into a person who can contribute to society's mental health and well-being. The expertise of the faculty and delivery of the subject matter have given me profound knowledge and skills to take on anything in the real world.

- Jameela Kagalwala M.Sc Second Year 1st Rank holde



The MIT-WPU pedagogy in its M. Sc. Clinical Psychology programme included a lot of guest lectures; seminars, webinars, interdisciplinary programmes and events which provided an ocean of opportunities to interact with students from other departments of the University. The faculty members supported us and gave us a lot of flexibility while submitting our assignments and projects. The library has a lot of books for quick reference. I loved the students-centric approach adopted by the Department. I would recommend this course to all budding aspirants of psychology!

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- Vaishnavi Mantrawadi M.Sc Second year 3rd Rank holder



Life @ MIT-WPU























Events @ MIT-WPU



Bharatiya Chhatra Sansad Empowering Youth for Change

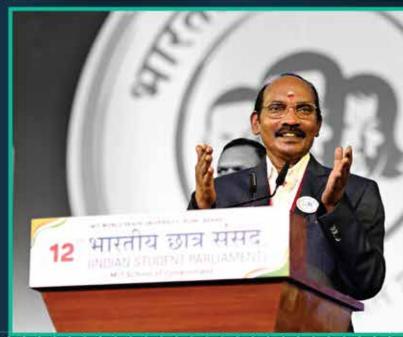
A brainchild of Shri. Rahul V. Karad and flagship initiative of MIT-WPU, Bharatiya Chhatra Sansad (BCS) is a nationally recognised initiative empowering youth in India's political landscape. Serving as a non-partisan platform, BCS engages young minds in debates, discussions, and addresses by distinguished personalities, fostering awareness of the socio-political landscape. Acknowledging the contributions of young leaders, sarpanches, and activists, BCS, with participation from 25,000 institutes nationwide, empowers youth to actively shape India's future in governance and administration.

R.I.D.E. Igniting Innovation and Entrepreneurship

R.I.D.E. stands out as a unique educational initiative by MIT-WPU, fostering entrepreneurship beyond academics. This 5-day event, attracting over 10,000 students, showcases cutting-edge research, design thinking, and innovation across diverse domains. With 100+startups and 50 venture capital experts, R.I.D.E. provides a real-world startup context, encouraging unconventional thinking and exposing participants to transformative dynamics and market trends.









Rural Immersion Programme

The rural immersion programme of MIT-WPU provides students with a unique educational experience. Through village visits, students engage in hands-on projects such as optimising irrigation, water conservation, waste recycling, and solar power integration. This immersive learning develop critical thinking, problem-solving skills, and community awareness, fostering a profound understanding of rural dynamics and innovative solutions.







Other MIT-WPU Events

- Design Xpo
- Aarohan
- Kala Mehfil
- Hackathon
- National Conference on Media and Journalism
- Abhivyakti
- TEXEPHYR
- Tesla
- Techogenesis
- RoboCon
- Science Expo

- World Parliament of Science,
 Religion and Philosophy
- Bharat Asmita National Awards
- National Women's Parliament
- International Symposium on Law and Peace
- Vidhi-Manthan
- Peace Marathon
- Sports Summit
- Social Leadership Development
- Programme (SLDP)
 And many more...

MIT-WPU Student Clubs

MIT-WPU is a vibrant hub for student involvement, boasting over 100 clubs spanning cultural, social, sports, co-curricular, and NCC/NSS categories. Such student-led clubs provide students with a platform for active participation, connection-building, and leadership skills development.

- The Innovation Club is a hub for entrepreneurial and innovative events and workshops
- The Art and Photography Club brings together aspiring artists for creative expression
- The Sports Club, orchestrating spirited sporting events and activities
- The Cultural Club celebrates diversity and fosters cultural exchange
- Aatman- The sole Mental Health Club led by Psychology students, promoting well-being
- Team Dart- A motorsports team participating annually in the Rally Car Design Challenge (RCDC)

These clubs excel in national and international competitions, amplifying the dynamic MIT-WPU experience, nurturing leadership, and fostering holistic personal growth. Active participation in these diverse student clubs empowers students to optimise their time, enhance their skills, and contribute purposefully to the community.



























Peace Studies: Fostering Holistic Growth

Understanding the importance of inner and social peace and conflict management skills is crucial in today's world. MIT World Peace University has adopted UNESCO's core vision of 'Building Peace in the Minds of Young Men and Women' as its guiding ethos.

The university offers a mandatory course of peace studies that lays the foundation for spiritual peace and harmony. It explores new ideas and practices from various cultures to tackle the challenges of global peace and sustainable development. The university also plans to introduce an advanced postgraduate degree programme in Peacebuilding and Conflict Management that offers state-of-the-art learning opportunities to study traditional and contemporary pedagogies of peacebuilding and conflict management. The main objective of this course is to prepare students to become agents of social change and genuine global citizens. It trains them in non-violent communication to promote peace and prevent violence in communities and workplaces. Furthermore, the peace studies module also acquaints students with diverse yoga practices that enrich their cognitive prowess and information base, refining critical thinking and enhancing their overall personality. This interdisciplinary course, developed with input from scholars and practitioners worldwide, helps students build knowledge of India's spiritual and cultural ethos. Additionally, the course covers essential conflict management knowledge and skills that are in high demand in today's corporations.









Call: <u>+91-20-71177137</u>

WhatsApp: <u>+91 9881492848</u> (Message only)

Email: <u>admissions@mitwpu.edu.in</u>

Website: <u>mitwpu.edu.in</u>

Address: MIT-WPU, Kothrud, Pune.

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