

# INDIA TODAY

## JEE students reveal study habits, burnout mistakes and survival strategies

From studying 12 hours a day to relying on NCERT and mock test analysis, engineering students share the preparation habits, mistakes, and mindset shifts that helped them survive JEE pressure. Their stories reveal practical strategies, emotional struggles, and realistic advice for aspirants preparing for one of India's toughest entrance exams.



India Today Education Desk ✕

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Every year, lakhs of students enter the intense world of JEE preparation with coaching modules, study schedules, and the pressure to crack one of India's toughest entrance exams. But somewhere between mock tests, rankings, and sleepless nights, many students realise that success is rarely about studying the longest.

### **KHUSHIL RAVAL, FIRST-YEAR BTECH (COMPUTER SC. AND ENGG.), DR. VISHWANATH KARAD MIT WORLD PEACE UNIVERSITY, PUNE**

During your JEE preparation, you should keep one thing in mind that smart planning with dedicated study hours is more effective than blindly following long study schedules.

### **SIMRAN PATIL, FIRST-YEAR BTECH (COMPUTER SC. AND ENGG.), DR. VISHWANATH KARAD MIT WORLD PEACE UNIVERSITY, PUNE**

I have not been a topper from the beginning. I have been an average student and became better with practice and consistency like many other students.

One thing that really helped me during my JEE preparation was trusting one source of mentorship instead of getting confused by trying too many different techniques from different people.